**FIRST AID**

For first aid assistance at all times, call

Avery Hill Southwood Site Security

Internal no: 5395  
External no: 020 8294 0362

**Ask Security to call an ambulance if you think the injury or illness is life-threatening or needs the skills/equipment of an ambulance or paramedic team**

**If you must call an ambulance direct, dial 999.**Give the exact address where help is needed, including the building, campus/site, road and  
postcode, SE9 2UG

**Then inform Campus Security on 5395 (or, 020 8294 0362)**so they can help you and also direct the ambulance on arrival

**Local Faculty/Directorate First Aiders are:**

|  |  |
| --- | --- |
| **Name** | **Ext.** |
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**Defibrillators are kept at the Security Gatehouse, The Dome, outside David Fussey and Sparrows Farm (Sports Science Department)**

Accident & Emergency - Queen Elizabeth Hospital, Stadium Road, Woolwich, SE18 4QH

Urgent Care Centre (minor injuries & illnesses) - Queen Mary’s Hospital, Frognal Lane, Sidcup, DA14 6LT

**Report all accidents and near misses, injuries, sudden illnesses and first aider attendances**

using the University online accident/incident reporting system available via the Staff or Student portal

or ask for advice from Campus Security or from your Faculty/Directorate Health & Safety Local Officer

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