

The Institute for Lifecourse Development



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ILD

| Institute for Lifecourse
Development

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What is the Institute for Lifecourse Development?

The Institute for Lifecourse Development (ILD) is a key anchor resource hosted by the Faculty of Education, Health & Human Sciences at the University of Greenwich.

Professionals from many different fields work closely together with researchers and stakeholders from public, charitable and voluntary organisations. Together we are developing effective and economically sustainable lifecourse solutions and tackling some of the most significant challenges society faces.

Working with our extensive network of external healthcare and education partners, as well as business and public sector organisations, we focus on using interdisciplinary expertise to promote the lifelong wellbeing of vulnerable and marginalised people in the community.

“This is a really exciting time for the Faculty. Taking a lifecourse, multi-professional, perspective and working closely together with our extensive network of non- academic partners, we will be developing important and effective evidence-based training, evidence and practice solutions that society and the world needs. The Institute is focusing on those areas where we know we can make a real difference, that are priorities for our partners, and where we can contribute the most in research, practice and policy. The Institute will create new and exciting cross- professional ways of working in a thriving and creative environment”

Professor Derek Moore

Pro-Vice-Chancellor
Faculty of Education, Health &
Human Sciences
University of Greenwich



Our Research and Practice Centres

The Institute foregrounds our cross-professional focus, with key themes directly linked with wider agendas to address “grand challenges” across the lifecourse. The Institute engages in seven themed areas of work, each led by our seven Institute centres:

Centre for Chronic Illness and Ageing

Research and practice to inform self-care, and health & social care practice, including;

- Auto-immune conditions arthritis, diabetes, IBD, chronic and acute pain
- Dementia
- Nutrition interventions
- Cost-effectiveness and quality of life
- Musculoskeletal disorders
- Self-management

Centre for Vulnerable Children and Families

Research and practice to focus on the lives of vulnerable children and their families across a broad range of contexts internationally, including:

- Pre and perinatal care & education
- Early intervention in nurseries & schools
- Speech & language problems
- Developmental disorders
- Parenting styles
- Bullying, child maltreatment & other adverse childhood experiences

- Risks for involvement in antisocial & criminal behaviour
- Addiction
- Safeguarding & ethics
- Narratives of childhood

Centre for Inequalities

Promoting research and intervention on social justice, prejudice-reduction, and social integration, including:

- Stigma and stigma reduction
- Impact of socioeconomic deprivation
- Gender issues & LGBT+
- Racism & nationalism
- Inter/intra-group dynamics
- Refugees, travellers and displaced communities
- Equality and social Integration
- Community interventions
- Social enterprise

Centre for Mental Health

Focusing research and practice on supporting mental health and wellbeing throughout a person's life, including:

- Perinatal mental health
- Education transitions - Early years, Primary, Secondary & Tertiary
- Health behaviour, education & choices
- Lifestyle choices
- Stress anxiety management
- Mental health interventions

Centre for Thinking & Learning

Research on applied aspects of cognition & learning, and evidence informed education practice from early childhood to adult learning, including:

- Neuroscience & imaging
- Movement science
- Decision making processes
- Hazards & risk perception
- Literacy & numeracy development
- Neurological disorders
- Accelerated learning

Centre for Workforce Development

Research and practice that focuses on healthcare and education workforce related issues, including:

- Workforce retention, motivation, resilience and well-being
- Simulation
- Communication, teamwork, leadership, coaching & mentoring
- Professional identity, perspectives, recognition & responsibility
- Integrated care & inter- professional practices
- Pedagogy
- Historical practices & the living memory.

Centre for Exercise Activity and Rehabilitation

Focusing research, theory and practice on physical and other rehabilitation activity-based interventions across the lifecourse, including:

- bodily movements and rehabilitation activities
- well-being supported by physical and therapeutic activities
- exercise science and rehabilitation
- ergonomics and protective equipment
- therapeutic interventions on human behaviours
- exercise interventions to reduce work-absenteeism
- use of computer games as an aid to recovery
- social rehabilitation through counselling
- the social impact of sports and leisure activities
- gender inequalities in sports participation
- role of nutrition for activity, sports, and rehabilitation

Our Director



The Director of the Institute for Lifecourse Development, Prof Rosana Pacella, leads the Institute and works together with Centre and Practice Leads, researchers, practitioners and local and international partners to develop lifecourse practice and policy solutions for populations at high levels of social and economic risk.

Our Centre Leads

Our centre leads have been co-developing and promoting the key research & practice focuses for the Institute. They help us navigate the many theoretical, policy and funding initiatives and agendas across multidisciplinary areas & expertise to ensure we develop research and advanced training that is relevant and desirable.

- Centre lead for Chronic Illness and ageing: Prof Lesley Dibley, Professor of Qualitative Nursing Research

- Centre lead for Vulnerable Children and Families – Prof Claire Monks, Professor of Developmental Psychology & Deputy Head (Research & Enterprise) for the School of Human Sciences
- Centre lead for Inequalities – Dr Sofia Stathi, Associate Professor of Social Psychology
- Centre lead for Workforce Development – Prof Sharon Weldon, Professor of Healthcare Simulation and Workforce Development & Deputy Head (Research & Enterprise) for the School of Health Sciences
- Centre lead for Research and Enterprise – Dr Damian Poulter, Reader in Psychology
- Centre lead for Mental health – Prof Paul McCrone, Professor in Health Economics
- Centre lead for Exercise, Activity and Rehabilitation – Prof Fernando Naclerio, Professor in Strength Training and Sports Nutrition

Our Practice leads

Practice Leads play a critical role in helping the ILD develop translational knowledge exchange work from research into practice and vice-versa. Our practice leads work with colleagues across the Faculty, University and with external partners to develop genuinely innovative approaches to research, practice, enterprise and policy. Practice Leads currently work across the ILD Centres:

- Practice lead for Chronic Illness and Ageing- Dr Omo Ojo, Associate Professor in Diabetes Care and Management

- Practice lead for Vulnerable Children and Families- Dr Becky Smith, Senior Lecturer in Psychology
- Practice lead for Inequalities- Prof Jill Jameson, Professor of Education; Dr Carlos Moreno-Leguizamon, Associate Professor Health Inequalities
- Practice lead for Workforce Development- Prof Jill Jameson, Professor of Education
- Practice lead for Mental health- Dr Becky Smith, Senior Lecturer in Psychology
- Practice lead for Thinking and Learning- Dr Carlos Moreno-Leguizamon, Associate Professor Health Inequalities
- Practice lead for Exercise Activity and Rehabilitation- Dr Omo Ojo, Associate Professor in Diabetes Care and Management
- Director General of Community and Social Care at the UK government Department of Health and Social Care - Jonathan Marron
- NHS National Association of Primary care (NAPC) - Dr Nav Chana MBE
- Director of Sporting Integrity, Anti-Doping Pioneer, Greenwich Alumna - Michele Verroken
- Chair of Guys & St Thomas' NHS Foundation Trust - Sir Hugh Taylor
- Stephen Munday, CBE, is Chief Executive of The Cam Academy Trust and worked in a number of advisory capacities for the Department for Education
- Sharne McLean, is Head of Early Years and Childcare at the Royal Borough of Greenwich
- Our Centre and Practice Leads

Our Advisory Board

We are delighted to be supported by our Advisory board members. As senior and experienced professionals with a wide range of expertise are helping us steer and grow the Institute. The board is comprised of:

- Pro-Vice Chancellor for the Faculty of Education, Health & Human Sciences: Prof Derek Moore
- Director of the Institute for Lifecourse Development - Prof Rosana Pacella
- Director of our Queens Anniversary winning National Resources Institute (NRI) - Prof Andrew Westby

Events

As part of the ongoing work of the ILD we hold public lectures, research cafés, online debates, practitioner workshops & training programmes, conferences, stakeholder networking events and seminars.

Keep up to date with all of these events by visiting gre.ac.uk/ild

How can you get involved?

This is an exciting opportunity for you to get involved in the ILD. If you are interested in becoming a partner of the Institute, collaborating with us, commissioning research, or require further information contact ILD@gre.ac.uk.

You will benefit from sharing the expertise of ILD members and discussing your work with colleagues from diverse disciplines with policy, research and practice backgrounds.



CHANGE STARTS HERE

Contact:

To find out more about the Institute
for Lifecourse Development:

Email: ILD@gre.ac.uk

Visit: gre.ac.uk/ild



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