

# Traffic Light Grid

What are the aims of Reflective Writing?	Features of Reflective Writing
<ul style="list-style-type: none"> <li>To review and evaluate your own learning and performance</li> <li>To use effective communication skills to discuss conclusions (which have been reached using evidence or judgement)</li> </ul>	<ul style="list-style-type: none"> <li>Detailed evaluation of both strengths and weaknesses of the process and the end result. Points made are balanced and well-developed.</li> <li>Strong evaluation of things which have been learnt and improvements which could be made when completing the process again.</li> <li>Writing is relevant and well-structured, and any conclusions reached are based on evidence or judgement.</li> </ul>
	<ul style="list-style-type: none"> <li>Some evaluation of strengths/weaknesses but writing is often one-sided.</li> <li>Some discussion surrounding things which have been learnt and improvements which could be made.</li> <li>Writing is sometimes relevant and well-structured, and some conclusions are based on evidence or judgement. Some points could be further developed.</li> </ul>
	<ul style="list-style-type: none"> <li>No real evaluation of strengths/weaknesses. Writing is often one-sided and not well-balanced.</li> <li>Any conclusions reached are not based on evidence or judgement and points which are made are simple and have not been developed enough.</li> <li>Writing is not relevant and does not have an effective structure.</li> </ul>