



# The Institute for Lifecourse Development

[gre.ac.uk/ILD](http://gre.ac.uk/ILD)



**UNIVERSITY OF  
GREENWICH**

*Institute for Lifecourse  
Development*

# What is the Institute for Lifecourse Development?

*“ This is a really exciting time for the Faculty. Taking a lifecourse, multi-professional perspective and working closely together with our extensive network of non-academic partners, we will be developing important and effective evidence-based training, evidence and practice solutions that society and the world needs. The Institute will create new and exciting cross-professional ways of working in a thriving and creative environment ”*

**Professor Derek Moore**

Pro-Vice-Chancellor, Faculty of Education, Health and Human Sciences, University of Greenwich

The Institute for Lifecourse Development (ILD) is a key anchor resource hosted by the Faculty of Education, Health and Human Sciences at the University of Greenwich.

Professionals from many different fields work closely together with researchers and stakeholders from public, charitable and voluntary organisations. Together we are developing effective and economically sustainable lifecourse solutions and tackling some of the most significant challenges society faces.

## Our Vision

Our vision is to reduce inequalities and to promote lifelong good health and wellbeing, inclusive quality education,

productive employment and decent work, and peace and justice for all. To demonstrate our commitment to sustainable development, we will champion initiatives to meaningfully engage with vulnerable populations and communities across the lifecourse and take an interdisciplinary and innovation-based approach with a strong focus on open science, transparency, accountability and value for money. We will optimise our inclusive global partnerships, to drive collective priority setting ensuring that evidence generated from our translational research has local and global relevance, improves outcomes and leads to advances in real-world practice.



# Our Research and Practice Centres

The Institute foregrounds our cross-professional focus, with key themes directly linked with wider agendas to address “grand challenges” across the lifecourse. The Institute engages in seven themed areas of work, each led by our seven Institute centres:

## Centre for Chronic Illness and Ageing

Research and practice to inform self-care, and health and social care practice, including:

- Auto-immune conditions arthritis, diabetes, IBD, chronic and acute pain
- Dementia
- Nutrition interventions
- Cost-effectiveness and quality of life
- Musculoskeletal disorders
- Self-management

## Centre for Vulnerable Children and Families

Research and practice to focus on the lives of vulnerable children and their families across a broad range of contexts internationally, including:

- Pre and perinatal care and education
- Early intervention in nurseries and schools
- Speech and language problems  
Developmental disorders Parenting styles

- Bullying, child maltreatment and other adverse childhood experiences
- Risks for involvement in antisocial and criminal behaviour  
Addiction
- Safeguarding and ethics
- Narratives of childhood

## Centre for Inequalities

Promoting research and intervention on social justice, prejudice-reduction, and social integration, including:

- Stigma and stigma reduction
- Impact of socioeconomic deprivation
- Gender issues and LGBT+
- Racism and nationalism Inter/intra-group dynamics
- Refugees, travellers and displaced communities
- Equality and social Integration
- Community interventions
- Social enterprise

## Centre for Mental Health

Focusing research and practice on supporting mental health and wellbeing throughout a person’s life, including:

- Perinatal mental health
- Education transitions - Early years, Primary, Secondary and Tertiary
- Health behaviour, education and choices
- Lifestyle choices
- Stress anxiety management
- Mental health interventions



## Centre for Thinking and Learning

Research on applied aspects of cognition and learning, and evidence informed education practice from early childhood to adult learning, including:

- Neuroscience and imaging
- Movement science
- Decision making processes
- Hazards and risk perception
- Literacy and numeracy development
- Neurological disorders
- Accelerated learning

## Centre for Workforce Development

Research and practice that focuses on healthcare and education workforce related issues, including:

- Workforce retention, motivation, resilience and well-being
- Simulation
- Communication, teamwork, leadership, coaching and mentoring
- Professional identity, perspectives, recognition and responsibility
- Integrated care and inter-professional practices
- Pedagogy
- Historical practices and the living memory

## Centre for Exercise Activity and Rehabilitation

Focusing research, theory and practice on physical and other rehabilitation activity-based interventions across the lifecourse, including:

- bodily movements and rehabilitation activities
- well-being supported by physical and therapeutic activities
- exercise science and rehabilitation
- ergonomics and protective equipment
- therapeutic interventions on human behaviours
- exercise interventions to reduce work-absenteeism
- use of computer games as an aid to recovery
- social rehabilitation through counselling
- the social impact of sports and leisure activities
- gender inequalities in sports participation
- role of nutrition for activity, sports, and rehabilitation





## **Our Director**

Professor Rosana Pacella is the Associate Dean (Research and Knowledge Exchange) in the Faculty of Education, Health and Human Sciences and the Director of the Institute for Lifecourse Development. Prof Pacella leads the Institute and works together with Centre and Practice Leads, researchers, practitioners and our extensive network of local and international partners to develop lifecourse practice and policy solutions for populations at high levels of social and economic risk.





# Our Advisory Board

We are delighted to be supported by our Advisory board members. These senior and experienced professionals with a wide range of expertise are helping us steer and grow the Institute. The board is comprised of:

- Pro-Vice Chancellor for the Faculty of Education, Health and Human Sciences: **Prof Derek Moore**
- Associate Dean (Research and Knowledge Exchange) and Director of the Institute for Lifecourse Development: **Prof Rosana Pacella**
- Deputy Vice Chancellor (Research and Knowledge Exchange): **Prof Andrew Westby**
- Director General of Community and Social Care at the UK government Department of Health and Social Care: **Jonathan Marron**
- NHS National Association of Primary care (NAPC): **Dr Nav Chana** MBE
- Director of Sporting Integrity, Anti-Doping Pioneer, Greenwich Alumna: **Dr Michele Verroken**
- Chair of Guys and St Thomas' NHS Foundation Trust: **Sir Hugh Taylor**
- **Stephen Munday** CBE, is Chief Executive of The Cam Academy Trust and worked in a number of advisory capacities for the Department for Education
- **Sharne McLean**, is Head of Early Years and Childcare at the Royal Borough of Greenwich
- Our Centre and Practice Leads

# Events

As part of the ongoing work of the ILD we hold public lectures, research cafés, online debates, practitioner workshops and training programmes, conferences, stakeholder networking events and seminars.

Keep up to date with all of these events by visiting [gre.ac.uk/ild](https://gre.ac.uk/ild)

## How can you get involved?

This is an exciting opportunity for you to get involved in the ILD. If you are interested in becoming a partner of the Institute, collaborating with us, commissioning research, or require further information contact [ILD@gre.ac.uk](mailto:ILD@gre.ac.uk)

You will benefit from sharing the expertise of ILD members and discussing your work with colleagues from diverse disciplines with policy, research and practice backgrounds.





## Contact:

To find out more about the  
Institute for Lifecourse Development:

Email: [ILD@gre.ac.uk](mailto:ILD@gre.ac.uk)

Visit: [gre.ac.uk/ILD](http://gre.ac.uk/ILD)

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