



The Institute for Lifecourse Development



UNIVERSITY of
GREENWICH

ILD

| Institute for Lifecourse
Development

gre.ac.uk/ILD

What is the Institute for Lifecourse Development?

The Institute for Lifecourse Development (ILD) is a key anchor resource hosted by the Faculty of Education, Health & Human Sciences at the University of Greenwich. Professionals from many different fields work closely together with researchers and stakeholders from public, charitable and voluntary organisations. Together we are developing effective and economically sustainable lifecourse solutions and tackling some of the most significant challenges society faces.

Working with our extensive network of external healthcare and education partners, as well as business and public sector organisations, we focus on using interdisciplinary expertise to

promote the lifelong wellbeing of vulnerable and marginalised people in the community.

"This is a really exciting time for the Faculty. Taking a lifecourse, multi-professional, perspective and working closely together with our extensive network of non-academic partners, we will be developing important and effective evidence-based training, evidence and practice solutions that society and the world needs. The Institute is focusing on those areas where we know we can make a real difference, that are priorities for our partners, and where we can contribute the most in research, practice and policy. The Institute will create new and exciting cross-professional ways of working in a thriving and creative environment"

Professor Derek Moore

Pro-Vice-Chancellor, Faculty of Education, Health & Human Sciences, University of Greenwich



Our Research and Practice Centres

The Institute will foreground our cross-professional focus, with key themes directly linked with wider agendas to address "grand challenges" across the lifecourse. The Institute initially plans to engage in six themed areas of work, each led by our six Institute centres:

Centre for Chronic Illness and Ageing

Research and practice to inform self-care, and health & social care practice, including;

- Auto-immune conditions
arthritis, diabetes, IBD
- Dementia
- Sport, exercise & activity
- Nutrition interventions
- Cost-effectiveness
and quality of life
- Musculoskeletal disorders
- Self-management

Centre for Vulnerable Children and Families

Research and practice to focus on benefiting the lives of vulnerable children and their families across a broad range of contexts internationally, including:

- Pre and perinatal care
& education
- Early intervention in nurseries & schools
- Speech & language problems
- Developmental disorders
- Parenting styles
- Bullying & stress

- Risks for involvement in
antisocial & criminal behaviour
- Addiction
- Safeguarding & ethics
- Narratives of childhood

Centre for Inequalities

Promoting research and intervention on social justice, prejudice-reduction, and social integration, including:

- Stigma and stigma reduction
- Impact of socioeconomic
deprivation
- Gender issues & LGBT+
- Racism & nationalism
- Inter/intra-group dynamics
- Refugees, travellers and
displaced communities
- Equality and social Integration
- Community interventions
- Social enterprise

Centre for Mental Health

Focusing research and practice on supporting mental health and wellbeing throughout a person's life, including:

- Perinatal mental health
- Education transitions - Early
years, Primary, Secondary
& Tertiary
- Health behaviour, education
& choices
- Lifestyle choices
- Stress anxiety management
- Mental health interventions

Centre for Thinking & Learning

Research on applied aspects of cognition & learning, and evidence informed education practice from early childhood to adult learning, including:

- Neuroscience & imaging
- Movement science
- Decision making processes
- Hazards & risk perception
- Literacy & numeracy development
- Neurological disorders
- Accelerated learning

Centre for Workforce Development

Research and practice that focuses on healthcare and education workforce related issues, including:

- Workforce retention, motivation, resilience and well-being
- Simulation
- Communication, teamwork, leadership, coaching & mentoring
- Professional identity, perspectives, recognition & responsibility
- Integrated care & inter-professional practices
- Pedagogy
- Historical practices & the living memory.

Our Director

The Director of the Institute for Lifecourse Development, Prof Rosana Pacella, will lead the new Institute and work together with Centre Leads, researchers, practitioners and local and

international partners to develop lifecourse practice and policy solutions for populations at high levels of social and economic risk.

Our Centre Leads

Our centre leads for the ILD will lead in co-developing and promoting the key research & practice focuses for the Institute. They will help us navigate the many theoretical, policy and funding initiatives and agendas across multidisciplinary areas & expertise to ensure we develop research and advanced training that is relevant and desirable.

- Centre lead for Chronic Illness and ageing: Dr Lesley Dibley, Reader in Nursing Research and Education
- Centre lead for Vulnerable children and families - Prof Claire Monks, Professor of Developmental Psychology & Deputy Head (Research & Enterprise) for the School of Human Sciences
- Centre lead for Inequalities - Dr Sofia Stathi, Associate Professor of Social Psychology
- Centre lead for Workforce Development - Dr Sharon Weldon, Reader in Nursing Research and Education & Deputy Head of the School of Health Sciences
- Centre lead for Research and Enterprise – Dr Damian Poulter, Reader in Psychology
- Centre for Mental health - Prof Paul McCrone (Acting)



Our Advisory Board

We are delighted to be supported by our Advisory board members. As senior and experienced professionals with a wide range of expertise they will help us to steer and grow the Institute over the next few years. The board is comprised of:

- Pro-Vice Chancellor for the Faculty of Education, Health & Human Sciences:
Prof Derek Moore
- Director of the Institute for Lifecourse Development -
Prof Rosana Pacella
- Director of our Queens Anniversary winning National Resources Institute (NRI) -
Prof Andrew Westby
- Director General of Community and Social Care at the UK government Department of Health and Social Care -
Jonathan Marron
- NHS National Association of Primary care (NAPC) -
Dr Nav Chana MBE
- Programmes Director ARK Education Partnership Group, formerly Save the Children -
Richard Graham
- Director of Sporting Integrity, Anti-Doping Pioneer, Greenwich Alumni - Michele Verroken
- Chair of Guys & St Thomas' NHS Foundation Trust -
Sir Hugh Taylor



Events

As part of the ongoing work of the ILD we will be holding public lectures, practitioner workshops & training programmes, conferences and seminars.

Keep up to date with all of these events by visiting [**gre.ac.uk/ild**](http://gre.ac.uk/ild)

How can you get involved?

This is an exciting opportunity for you to get involved in the ILD. If you are interested in becoming a partner of the Institute, collaborating with us, commissioning research, or require further information contact [**ILD@gre.ac.uk**](mailto:ILD@gre.ac.uk).

You will benefit from sharing the expertise of faculty members and discussing your work with colleagues from diverse disciplines with policy, research and practice backgrounds.



CHANGE STARTS HERE

Contact:

To find out more about
the Institute for Lifecourse
Development:

Email: ILD@gre.ac.uk

Visit: gre.ac.uk/ild



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