## Mental health support online, anonymous and 24/7.

# You're Not Alone

FREE to all students with a Greenwich offer

Visit bigwhitewall.com/joinnow/greenwichoffer

to join our online mental health community.







## Having constant access to Big White Wall gave me a place to escape to

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#### **Big White Wall offers:**

### (ommunity

Share thoughts, get creative & receive support. The community is safe, anonymous & monitored 24/7 by trained professionals

#### (ourses

Work through a selection of courses relevant to you, with professional support on hand.

#### Resources

Complete tests, access tools & content and receive helpful techniques to help manage your mental health.

Register at: bigwhitewall.com/joinnow/greenwichoffer









**BIG WHITE WALL®**