Study Days Prospectus

January–June 2019
Avery Hill and Medway Campuses
gre.ac.uk/eduhea
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Introduction

This prospectus, produced biannually, contains details of our non-accredited courses and study days for health and social care professionals. For details of accredited courses, please refer to our Continuing Professional Development Prospectus, which is produced annually.

Applications

An application form is included with this prospectus. Additional forms can be obtained from local NHS trusts or by contacting the University of Greenwich Enquiry Unit on 020 8331 9000. Forms and a PDF copy of the prospectus can also be downloaded from gre.ac.uk/eduhea/cpd/health/studays0.

Completed forms should be returned to:

University of Greenwich
Study Day Administrator
Grey Building
Southwood Site
Avery Hill Road
London SE9 2UG

Additional Information

For enquiries about availability of places and the processing of applications, please contact the study day administrator on 020 8331 9736. For more information on specific study days, please contact the person named under each entry.

Health and Social Care at the University of Greenwich

We have 28 years’ experience as a trusted provider of health and social care training and education in the south-east of England.

Our provision has grown to include education for 1,000 pre-registration nursing and midwifery, paramedic, and speech and language therapy students as well as many opportunities for registered healthcare practitioners to continue their professional development.

Our four main areas of work are:

– Pre-registration midwifery, nursing, social work and speech and language therapy
– Undergraduate health and wellbeing, public health and psychology
– Continuing professional development activities
Anaphylaxis

Who is this for?
This course is for all healthcare staff involved in delivering clinical care to service users.

What is it about?
Anaphylaxis seems to be increasingly common, almost certainly associated with an increase in the prevalence of allergic disease over the last two or three decades (Resuscitation Council UK, January 2008).

This course gives practitioners an opportunity to gain more understanding of anaphylaxis, local policy and the immediate management of an anaphylactic reaction.

Sessions are organised in response to a specific request via a trust or organisation representative, who should liaise with the course co-ordinator to arrange the venue, date and time.

The course co-ordinator requires:
- The anticipated number of attendees and the areas of clinical practice they represent
- A copy of local anaphylaxis policy/guidelines relevant to the attendees.

Breastfeeding

Half-day update

Who is this for?
This workshop is for hospital and community staff who come into contact with pregnant women, women who are breastfeeding and their families.

What is it about?
The workshop offers up-to-date information on World Health Organisation and UNICEF policies, government guidelines, and national and local breastfeeding initiatives. It also covers individual roles and responsibilities in supporting commitment to breastfeeding. You will have the opportunity to discuss good practice using recent research.

Single study day

Who is this for?
This workshop provides an introduction to breastfeeding for new hospital and community staff who come into contact with pregnant women, breastfeeding mothers and their families.

What is it about?
The workshop provides basic information on the lactation process, the health benefits of breastfeeding and the requirements for successful breastfeeding. It covers up-to-date information on the World Health Organis
Organisation and UNICEF policies, government guidelines and national and local breastfeeding initiatives. It also covers individual roles and responsibilities in relation to commitment to breastfeeding. You will also have the opportunity to discuss multidisciplinary working and to use recent research to identify best practice. These study days can be adapted to meet individual trusts’ needs and policies on breastfeeding, or for working towards the UNICEF Certificate of Commitment or Baby Friendly Award.

**DURATION** half day/one day  
**DETAILS** sessions organised on request  
**CONTACT** Liz Gale • 020 8331 8020  
e.a.gale@gre.ac.uk

## Chaperoning

**Who is this for?**  
This course is aimed at staff who can be called upon to act as chaperones within a healthcare setting.

**What is it about?**  
You will:  
- Learn the role and responsibilities of the chaperone  
- Gain an understanding of when there is a need for a chaperone in practice  
- Appreciate the perspective of the patient and the need for informed consent  
- Understand the professional context within which intimate procedures and examinations are conducted and sensitivity to cultural differences and diverse needs is acquired  
- Learn how to consider complaints and whistle-blowing policies.

**DURATION** half day  
**DETAILS** 8 May, 10am–1pm, Avery Hill  
**CONTACT** Rona Dury • 020 8331 8394  
r.c.dury@gre.ac.uk

## Clinical Supervision

Our Clinical Supervision Working Group has worked in liaison with individual trusts to agree education for clinical supervision. Clinical supervision preparation is now organised as a study day to prepare practitioners to be supervisors.

**Who is this for?**  
This course prepares practitioners who have worked under supervision to become supervisors. In exceptional cases, the course accepts applicants without experience of being supervised but who are considered by their managers to be ready for supervisory roles.

**What is it about?**  
This course will give you the opportunity to explore the knowledge and practise the skills required to perform the role of clinical supervisor.

**DURATION** one day  
**DETAILS** sessions organised on request  
**CONTACT** Karen Cleaver  
0208 331 8075 • k.p.cleaver@gre.ac.uk
Ear Irrigation

Who is this for?
This workshop is not an update but is for all clinical practitioners, in either hospital or community settings, who give ear irrigation. It is not suitable for healthcare assistants.

What is it about?
The workshop will develop your skills in irrigation using simulation trainers. Before attending, you will be expected to revise your knowledge of anatomy and physiology.

**DURATION** half day
**DETAILS** 19 Mar, 19th Jun
2–4.30pm, Avery Hill
**CONTACT** Carolyn Corby • 020 8331 9736
c.a.corby@gre.ac.uk

Examination of the Newborn Update

Who is this for?
This half-day course is for practitioners who have previously undertaken the Examination of the Newborn continuing professional development course.

What is it about?
The course will update you on current good practice following the UK National Screening Committee’s guidelines (2007) and the underpinning research evidence. You will have the opportunity to discuss aspects of the examination and review case histories.

**DURATION** half day
**DETAILS** 10 May, 12pm–4pm, Avery Hill
**CONTACT** Carolyn Corby • 020 8331 9736
c.a.corby@gre.ac.uk
Immunisation and Vaccination

One-day update

Who is this for?
This course is aimed at nurses experienced in vaccination who have previously attended a more comprehensive course.

What is it about?
The course covers anaphylaxis, current issues in vaccination, changes to legislation relevant to vaccination, recent epidemiology of vaccine-preventable diseases, changes to the national immunisation schedule, and a review of current practice. Nurses not involved in child immunisations need attend only the morning session. Please indicate this on your application form.

DURATION one day
DETAILS 6 Mar, 14 May
9.30 – 4 at Avery Hill
CONTACT Carolyn Corby • 020 8331 9736
   c.a.corby@gre.ac.uk

Two-day core course

Who is this for?
This course is aimed at nurses who are new to immunisation

What is it about?
The course covers the aims of immunisation, the immune system and how vaccines work, correct administering, adverse reactions, contraindications, consent, medico-legal issues, vaccine storage and handling, anaphylaxis, child and adult vaccines and schedules.
Nurses not involved in child immunisations need attend only the first day. Please indicate this on your application form.

DURATION two day
DETAILS 2-3 Apr, 5-6 Jun
9.30am–4pm, Avery Hill
CONTACT Carolyn Corby • 020 8331 9736
   c.a.corby@gre.ac.uk

Intravenous Additives

Who is this for?
This course is for qualified nurses, midwives and other healthcare professionals who administer intravenous drugs to adult clients.

What is it about?
The course will prepare you for a period of supervised practice in the administration of peripheral intravenous drugs. It covers accountability of IV drug administration, how drugs work in the body, and safety issues for calculating dosages. It concludes with a multiple choice theory test (pass mark 70%) and a drug calculation test (pass mark 100%). You should bring a calculator for the calculation test.
After completing the course, successful candidates are required to undertake a period of supervised practice to become competent in this skill. It is your responsibility to arrange this practice and secure a suitably qualified assessor.

DURATION one day
DETAILS 10 Jan, 11 Mar, 16 May, 25 Jun
9am–4pm, Avery Hill
CONTACT Carolyn Corby • 020 8331 9736
   c.a.corby@gre.ac.uk
Intravenous therapy administration for Neonatal, Children’s and Community Children’s Nurses

Who is this for?
This course is for qualified children’s nurses who are working towards administering intravenous (IV) medication and fluids to neonates, children and young people either in the inpatient or community setting.

What is it about?
This course will prepare you for a period of supervised practice in the administration of peripheral and central intravenous medication and other intravenous therapies. You will cover accountability of IV medication administration, how medicines work in the body and safety issues for administration. You will cover calculations specific to neonatal and children’s dosages. You will have a practical using fake medication and hands on practice simulation to access peripheral and central lines (i.e. PICCS and PORTS) The study day will conclude with a 15 min multiple choice theory test (pass mark 70%) and a 15 minute drug calculation test (pass mark 100%). You should bring a calculator for the calculation test. After completing the course, successful candidates are required to undertake a period of supervised practice to become competent in this skill. It is your responsibility to arrange this practice and secure a suitable assessor.

**DURATION** one day  
**DETAILS** 6 Jun  
9am–4.30pm, Avery Hill  
**CONTACT** Claire Sevenoaks  
020 8331 8078 • j.c.sevenoaks@gre.ac.uk
Intravenous Cannulation and Phlebotomy

Who is this for?
This course is for nurses and other professionals involved in cannulation and phlebotomy. We offer two options: Phlebotomy and Cannulation and Phlebotomy Only; the first option is not normally suitable for healthcare assistants unless they are specially supported by their line managers to undertake this role, but they can undertake the Phlebotomy Only option.

What is it about?
On this course, you will be given training in cannulation and phlebotomy, including practice on simulation trainers and a short theoretical assessment. You should bring equipment from your clinical area, such as blood bottles, vacutainer needles and blue cannulae.

After completing this course, successful candidates are required to undertake a period of supervised practice to become competent in this skill. It is your responsibility to arrange this practice and secure a suitably qualified assessor.

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Leg Ulcer Management

Who is this for?
This course is for nurses and other professionals caring for patients with leg ulcers. It is not suitable for healthcare assistants.

What is it about?
The course gives an introduction to theory, care and skills in ulcer management.

You are required to attend all three days and should organise supervised practice after the course. Assessment of competence should be organised by your supporting manager.

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Cannulation and Phlebotomy

**DURATION** one day

**DETAILS** 1 Mar, 18 Apr, 17 May, 10 Jun
9am–4pm, Avery Hill

Phlebotomy Only

**DURATION** half day

**DETAILS**
Avery Hill: 25 Jan, 20 Feb, 21 Mar, 17 Apr, 16 May, 11 Jun
9am–12.30pm or 1–4.30pm

Medway: 17 Jan, 22 Feb, 21 Mar
9am–12.30pm

**CONTACT** Carolyn Corby • 020 8331 9736
c.a.corby@gre.ac.uk
Moving and Handling Update for Existing Trainers/Supervisors

Who is this for?
This one-day course, limited to 12 participants, is for those who have previously completed our Clinical Moving and Handling: Preparation for Trainers course (please see our Continuing Professional Development Prospectus) and have had an update within the last two years.

What is it about?
The course reviews the skills and role of the moving and handling trainer, gives an update on recent developments in clinical moving and handling, and discusses problems in workplace training and practice.

Please wear suitable clothing and footwear for the practical session.

DURATION one day
DETAILS 8 May, 9am–4pm, Avery Hill
CONTACT Carolyn Corby • 020 8331 973 c.a.corby@gre.ac.uk or (for information only) Graham Boswell • 020 8331 9675 g.m.boswell@gre.ac.uk
Safeguarding Children and Young People

A shared responsibility: safeguarding, promoting and protecting the welfare and wellbeing of children and young people – and in particular protecting them from significant harm – depends on effective joint working between agencies and professionals that have different roles and expertise.

Furthermore, it is identified in the policy document Working Together to Safeguard Children (2013) that individual children and young people, especially some of the most vulnerable and those at greatest risk of social exclusion, will need co-ordinated help from all sectors.

This includes health, education, children’s social care and, quite possibly, the voluntary sector and other agencies, including youth justice services.

The Faculty of Education & Health at the University of Greenwich has responded to the Every Child Matters agenda by developing a range of safeguarding workshops and study days.

These are delivered flexibly and can be tailored to meet different requirements.

The following entries outline course content, aims, outcomes and target audiences.

Half-day awareness workshop: Safeguarding Children and Young People

Who is this for?
This workshop is for staff who work regularly with children and their families.

What is it about?
The workshop raises awareness of issues in child protection practice. It will enable you to:

– Define what is meant by child abuse and recognise possible signs of child abuse
– Identify key documents relating to child abuse and know where to find support and guidance
– Discuss professional roles and responsibilities in relation to child protection and the referral process.

DURATION half day
DETAILS sessions organised on request
CONTACT Jan Webb • 020 8331 8076
j.s.webb@gre.ac.uk
Half-day update: Safeguarding Children and Young People

Who is this for?
This update is for those who work regularly with children, young people and adults who are parents/carers. You should have previously attended training. These sessions may be multi-professional or discipline specific, and are suitable for staff who are required to attend mandatory annual updates.

What is it about?
The update will develop your skills in recognising vulnerable children and child abuse as relevant to your role. It will also facilitate discussion of professional roles and responsibilities in relation to safeguarding children, young people and their families, child protection and the referral process. It will enable you to:
- Identify children at risk of abuse and neglect and demonstrate knowledge of possible signs of child abuse and neglect
- Demonstrate knowledge of local procedures and the referral process within your own workplace
- Critically reflect on the role of documentation and communication across multi-agencies within child protection
- Identify where to find support and guidance
- Identify the benefit of child protection supervision mechanisms available within your own organisation.

DURATION half day
DETAILS sessions organised on request
CONTACT Jan Webb • 020 8331 8076
j.s.webb@gre.ac.uk

Study day: Safeguarding Children and Young People – Everybody’s Responsibility

Who is this for?
This study day is for those in contact with children, young people and adults who are parents/carers. Participants should have previously attended a half-day awareness workshop. These study days are interprofessional but can be delivered to discipline-specific groups.

What is it about?
The day will provide you with opportunities to:
- Further develop your awareness of issues in safeguarding and protecting children and young people
- Develop skills in recognising vulnerable children and child abuse as relevant to your role
- Discuss professional roles and responsibilities in relation to safeguarding the welfare of children and young people, child protection and the referral process.

DURATION one day
DETAILS sessions organised on request
CONTACT Jan Webb • 020 8331 8076
j.s.webb@gre.ac.uk
Study day: Safeguarding and Protecting the Welfare of Children and Young People – Everybody’s Responsibility

Who is this for?
This study day is for those with a particular responsibility for safeguarding children who have previously attended Step 1 training or equivalent.

What is it about?
The day will provide you with opportunities to:
- Update and build on your previous knowledge and experience in order to further develop your skills for practice in relation to safeguarding children and young people within a contemporary context
- Explore issues in relation to the social context of the welfare of a child or young person and the needs of vulnerable children, children in need and those in need of protection
- Gain an understanding of contemporary policy and issues for safeguarding and protecting children and young people within the legislative framework
- Examine the issues that may affect parenting capacity and the child’s wellbeing within the context of interprofessional work.

Duration one day
Details sessions organised on request
Contact Jan Webb • 020 8331 8076
j.s.webb@gre.ac.uk

Half-day workshop: Child Protection Supervision Awareness

Who is this for?
This workshop is for those in contact with children, young people and adults who are parents/carers, as well as those who work regularly with children, young people and adults who are parents/carers.

What is it about?
The workshop will provide you with an overview of supervision in the context of child protection and will review current practices, roles and responsibilities in developing and delivering child protection supervision within the workplace environment. By the end of the workshop, you will have had the opportunity to:
- Explore the concept of supervision in relation to the roles of supervisor and supervisee Consider current practices within your own workplace environment
- Critically analyse differing cultural values and beliefs and their potential effect on child protection supervision.

Duration half day
Details sessions organised on request
Contact Jan Webb • 020 8331 8076
j.s.webb@gre.ac.uk

Short course: An Introduction to Child Protection Supervision

Who is this for?
This short course is for those with a particular responsibility for safeguarding children as well as operational managers who supervise practitioners and volunteers.
What is it about?
The short course will enable you to explore the concept of child protection supervision in relation to national, organisational and individual contexts and will develop your critical understanding of the needs of the supervisor and supervisee within the safeguarding agenda.

By the end of the course, you will have had the opportunity to:
- Review current legislation and policy that informs the safeguarding agenda
- Explore the concept of supervision and gain an overview of current practices, roles and responsibilities
- Explore issues and tools of communication in relation to safeguarding children, including the Common Assessment Framework
- Critically examine information-sharing systems and debate the concept of multi-professional working, benefits and barriers.

During each session, time is spent discussing recommendations from child protection serious case reviews and considering their application to current practice. You will be encouraged to bring real-life issues to the sessions to share with colleagues.

Two-day workshop: Safeguarding and Protecting the Welfare of Children, Young People and their Families

Who is this for?
This workshop is for professionals who have a remit for safeguarding children and young people.

What is it about?
The workshop raises awareness of contemporary interprofessional issues for safeguarding and protecting the welfare of children and young people.

You will develop further understanding of vulnerability and abuse in relation to indicators, risk factors and the framework for assessment.

You will have the opportunity to explore assessment, referral, intervention and outcomes within both the legal framework and multi-agency working.

DURATION two days (not consecutive)
DETAILS sessions organised on request
CONTACT Jan Webb • 020 8331 8076
j.s.webb@gre.ac.uk

We welcome enquiries from professionals from all public and voluntary sectors. Please contact us for information or advice about the content or delivery of these workshops and study days.

CONTACT Jan Webb • 020 8331 8076
j.s.webb@gre.ac.uk
Sign-Off Mentor

Who is this for?
To attend this preparation session, you must be on the live register of mentors within your trust or organisation and have previously completed a mentor preparation course or equivalent. You must be a qualified midwife currently undertaking the mentor preparation course or a qualified nurse who is mentoring pre-registration students in their final placement prior to qualification. You must be supported by an experienced sign-off mentor and have access to a suitable nursing or midwifery student. You must also be supported by the local placement development manager/placement development facilitator or organisational manager, who will be responsible for ensuring that you complete the practice requirements to become a sign-off mentor within six months of the study day before entering you as a sign-off mentor on the mentor register.

What is it about?
With the introduction of sign-off status for mentors in line with the Standards to Support Learning and Assessment in Practice (NMC, 2006, 2008), many nurses and midwives have gained sign-off status by meeting the requirements within the standards document, either by virtue of experience or by completing a mentor preparation course that includes additional content to achieve sign-off status.

There are now a number of staff in trusts and organisations who wish to become sign-off mentors and who require preparation for the role.

If you have completed a mentor preparation course at the University of Greenwich, there will be no charge for the half-day sign-off session.

Please ensure that you include your Banner ID number on your application form. If you have undertaken mentor preparation at another higher education establishment, you will be required to pay the current half-day study fee.

**DURATION** half day

**DETAILS** 20 Mar, 9 July
9am–12 noon or 1–4pm, Avery Hill

**CONTACT** Carolyn Corby • 020 8331 9736
c.a.corby@gre.ac.uk
Urinary Catheterisation incorporating Male/Female Catheterisation & Suprapubic

Who is this for?
This study day is aimed at nurses and other health care professionals who are expected to carry out these procedures within their practice. It is not normally suitable for healthcare assistants unless they are specially supported by their line manager to undertake this role. We will require confirmation of this in writing.

What is it about?
The study day covers urethral, supra-pubic and intermittent catheterisation and incorporates the Royal College of Nursing guidelines on male/female catheterisation. You will gain awareness of recent developments and practices in urinary catheterisation, including legal and ethical issues. Discussion will cover principles, maintenance of asepsis and risks. You will use simulation trainers. An assessment tool is provided for continued measurement of skills for further practice. This should be arranged with your supporting manager.

Wound Care

Who is this for?
This study day is for healthcare professionals who wish to review and update their knowledge of wound care. This course is not suitable for healthcare assistants.

What is it about?
This study day provides the opportunity for you to update your knowledge and discuss recent developments in the assessment and management of wounds.

DURATION one day
DETAILS 20 Mar, 9am–4pm, Avery Hill
CONTACT Alice Neave • 020 8331 8766
a.e.neave@gre.ac.uk
An application form is included with this prospectus. We require specific information about you and your employer, and it is important that your form is completed fully and accurately. Failure to do so may mean a delay in processing your application or the loss of a place.

Additional forms can be obtained by telephoning 020 8331 9000 or downloaded from the University of Greenwich website at gre.ac.uk/eduhea/cpd/health/studays0. Applications can also be made through local NHS trusts.

If you would like more information about a particular study day, please see the contact details for each entry.

Privacy Notice for Study Days

The University of Greenwich’s Faculty of Education and Health processes the following personal data about you as a student for the above purpose:

Name, contact details, date of birth and job title
– Course evaluation
– Debit/credit card details (self-funding)

This information will normally be obtained from you or will arise from your interactions with the University.

Retention periods of data are based on our Information & Records Retention Schedules, which can be viewed on our web pages.

We process personal data about you for the following reasons: To create a record of your application and to enable it to be processed; to produce a report to the employer (if applicable). To compile statistics, or to assist other organisations to do so, although the statistical information will not identify you personally. We will keep the information securely, for no longer than necessary for these purposes.

We rely on “public task” as the primary condition for processing this data, as study days are a core task of Universities.

Who we share information with:
– Your employer
– Potential employer
– University Departments and staff

You have rights as a Data Subject. You can see more information about those rights on our website.

To contact Peter Garrod, the University of Greenwich’s Data Protection Officer and University Secretary, email: compliance@gre.ac.uk.

Fees

Standard rates

| Per person per day | £130 |
| Per person per half-day | £78 |

If you are self-funding, payment can be made by debit/credit card. Once you receive your confirmation of booking letter, please call 020 8331 9736 a week before the course takes place with your details.

Cancellation

If a study day is cancelled, applicants will normally be notified no later than five days before the commencement date. If a booking has been paid for, a refund will be offered. If you wish to cancel your place, you should notify us at least ten days before the start of the course. The full fee will be charged if you cancel within ten days of the start date. No refunds will be given.
Avery Hill Campus

Most Faculty of Education & Health teaching is delivered at Avery Hill Campus in south-east London.
The campus has two sites, on either side of Avery Hill Park.
Mansion Site is north of the park. The address is:
Avery Hill Campus, Mansion Site, Bexley Road, London SE9 2PQ
Classrooms and offices on Mansion Site have the following prefixes:
M Mansion Main Building – classrooms
H Honeycombe Building – classrooms
R Bird Sanctuary Building – Skills Labs.
Mansion Site houses media resources and the main campus library. Staff of local NHS trusts have borrowing rights at the library. Please ensure that you have your trust ID, a passport-size photo and proof of home address.
For more information on the library, please visit gre.ac.uk/it-and-library/students or telephone 020 8331 9651.

Southwood Site is on the eastern edge of the park. The address is:
Avery Hill Campus, Southwood Site, Avery Hill Road, London SE9 2UG
Classrooms and offices on Southwood Site have the following prefixes:
G Grey Building – classrooms and academic staff offices
B Bronte Building – classrooms and academic staff offices
MS Mary Seacole Building – classrooms and academic staff offices
D David Fussey Building – classrooms, skills laboratories and a sports hall (the four skills laboratories here are named Nancy Roper, Charlotte Kratz, Rosalind Paget and Aneurin Bevan).

Parking and catering
Students must pay to park on the campus. Pay-and-display machines are located on both sites. At busy times, parking may be difficult, so car sharing and public transport are recommended. For more information, visit gre.ac.uk/about/travel.
Both sites have catering outlets during term times: Greengages and Starbucks on Mansion Site and the Dome on Southwood Site. Students’ Union shop for food, soft drinks, confectionery, Starbucks, newspapers and stationery is located on Southwood site.

Location of your course
You will receive notification of the venue and a map with your letter of confirmation. Please ensure that you note the site, prefix and room number. The university telephone switchboard, on 020 8331 8000, can put you through to extensions on either Avery Hill site.
Medway Campus

The Drill Hall Library is available to all students on campus. The library has a wide selection of health and social care resources. Clinical staff in Kent and Medway NHS trusts have borrowing rights and may use the library’s public PCs. To register, please ensure that you have your trust ID, a letter from your manager confirming your employment, a passport-size photo and proof of your home address.

For more information on the library, please visit www.campus.medway.ac.uk or telephone 01634 883278.

Computing

IT facilities are available in the Drill Hall Library.

Parking and catering

Students must pay to park on campus. Pay-and-display machines are in operation. Students will also require a permit obtained at the Main Gate. There is a canteen-style restaurant in Pembroke Building, a bistro café in Pilkington Building.

Location of your course

You will receive notification of the venue and a map with your letter of confirmation. The university telephone switchboard, on 020 8331 8000, can put you through to extensions on the Medway Campus.
Please find general information below. For more detailed guides to the campuses, travel tips and timetables, please visit [gre.ac.uk/about/travel](http://gre.ac.uk/about/travel).

**Avery Hill Campus**

**By road:** at Junction 2 of the M25 take the A2 towards London or, if coming from London, take the A2 towards Dover. Exit the A2 at the Danson Interchange for Sidcup, Welling and Bexleyheath (A221). Drive through Blackfen on the A210 to the junction with Avery Hill Road, and at the traffic lights with the petrol station opposite, take the left filter lane into Avery Hill Road (B2214).

For Southwood Site, continue forward along Avery Hill Road. For Mansion Site, turn on to Reinickendorf Avenue and continue to the end. Parking is off to the right. Pay-and-display parking charges apply at the Avery Hill Campus.

**By train:** regular trains run to Eltham, Falconwood and New Eltham from Charing Cross, Waterloo East and London Bridge. Mansion Site’s nearest station is Falconwood, a 15-minute walk along Riefield Road. New Eltham, the nearest station to Southwood Site, is 20 minutes’ walk away.

**By bus:** see [www.tfl.gov.uk/buses](http://www.tfl.gov.uk/buses) for the latest information.
Medway Campus

By road: from London/the M25 take the A2 towards Dover. Just before the A2 becomes the M2 move into the left-hand lane to join the A289 to Gillingham. Follow signs to Gillingham. As you leave the Medway Tunnel, branch left and at the roundabout take the last exit marked ‘universities’. Then follow signs to the campus.

From east Kent take the A2/M2 towards London. Exit at Junction 4 and take the A278 towards Gillingham (or follow anchor signs). Follow signs to Chatham Maritime/Medway Tunnel. Then follow signs to the campus.

Parking charges apply at the Medway Campus.

By train: there are frequent services to Chatham and Gillingham from Charing Cross, London Bridge, Cannon Street and Victoria stations. There are also services from Ramsgate and Dover.

By bus: there are a number of bus companies operating services in Medway. You can find links and timetables by visiting www.medway.gov.uk/parkingandtransport.aspx.